



Workshop: Paintstiks on Fabric

SUPPLY LIST

Fabric:

- Paintstiks can be used on any type of fabric: cotton, silk, organza, batiks, etc.
 - For class, 100% cotton fabric works best
 - Consider bringing smaller pieces of different fabrics to try the Paintstiks on and have different samples for future reference.
- As a minimum have 1 fat quarter of white fabric and/or 1 fat quarter of black fabric for class, so you can try the Paintstiks on both and see how they look.
 - Black looks especially nice if you have a few metallic Paintstiks and lighter colours. You can also use navy or a dark colored fabric instead of black.
 - Or work on a larger piece to build with all the techniques: 1 meter works perfect
- **Before class:** Please pre-wash (preferably) your fabrics and iron flat, especially if you are planning on washing your fabrics after heat-setting.

NOTE: How many pieces of fabric you end up with depends on how fast your work, especially if you are working with smaller pieces of fabric or fat quarters. Bring some extra fabric to have on hand in case you need it.

Paintstiks:

- Your choice of how many to use during class.
- Paintstiks come in solid and metallic colours
 - 2-3 Paintstiks is ample to give them a try and get used to the feel of them and how they work.
 - Having 3 different colours will give you more variety.
 - If you only have one, you'll have a beautiful monochromatic piece.



Supplies to make Rubbing Plates:

- A sheet of foam core board
 - Feel free to cut it smaller for ease of transport.
- A few sheets of self-adhesive foam
 - I find these at Walmart, Michaels, and sometimes the dollar store. Also on Amazon
- Optional: Self-adhesive shapes like letters, circles, animals, etc.

NOTE: There's an optional kit with all supplies needed to make the stamps - plus some other textures to use with the Paintstiks - in my website at www.anabuzzalino.com/store under Kits. Please order in plenty of time for the kit to arrive before class.

Other Supplies:

- Paper cutting scissors
- X-acto knife
- Paper, pen and pencil for note-taking - optional
- Small trash bag
- Rotary cutter
- Rotary cutting mat
- Ruler – 6" x 12" or similar
- Paper towels
- Painter's tape
- A few sets of disposable gloves – optional if you don't want to get paint on your hands
- A plastic or Styrofoam tray or plate to use as a palette
- An old toothbrush
- Stencil brush
- Any stencils you may have
- Freezer paper
- Baby wipes or an old wet towel to wipe your hands with
- A few sheets of tissue paper



- A large plastic bag to pack your work in

Other Optional Supplies to use with the Paintstiks as texture:

- A piece of mesh
- A stamp
- A piece of shelf liner
- Commercial rubbing plates (if you have some) – I will have some to share
- Etc.